PRACTICAL GUIDE FOR INTERNATIONAL STUDENTS
ESIC was the first Business School founded in Spain, out of the necessity of professional businessmen to complete their education in the marketing area. Today, ESIC is considered to be a leading company and marketing training school, renowned both nationally and internationally as one of the best training schools in this area. With over 50,000 alumni, ESIC is a centre of reference for companies and professionals.

It has 10 campus throughout Spain and 2 in Brazil, which makes this Business School the one with the biggest national territorial implementation.

ESIC is also associated to the Universities Rey Juan Carlos, Miguel Hernández, San Jorge and Rovira i Virgili (linked centre) in Madrid, Valencia, Zaragoza and Tarragona respectively, and its Curitiba Campus is recognised as an official centre by the Ministry of Education in Brazil.
1. ESIC BUSINESS & MARKETING SCHOOL

### Functional Areas

ESIC is divided in five different training areas:

<table>
<thead>
<tr>
<th>Degree Area</th>
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<tbody>
<tr>
<td>ESIC imparts an Advanced Degree, Official Degrees and a combination of both in Marketing, Business Management and Administration, International Business, Communication, Advertising and Public Relations, Business Administration and Digital Business. All these careers are practical and employment-oriented.</td>
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</tbody>
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<thead>
<tr>
<th>Postgraduate Area</th>
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<tr>
<td>The training offer is based on MBAs, University Masters, Specialized Masters (on functional areas of the company) and Higher Programmes focused on training professionals to be able to lead business challenges.</td>
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<table>
<thead>
<tr>
<th>Executive Area</th>
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<tbody>
<tr>
<td>Within the Executive Education Area, we offer a wide range of <strong>open programmes and tailored training</strong> for companies.</td>
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<table>
<thead>
<tr>
<th>ESIC Languages</th>
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<tbody>
<tr>
<td>ESIC Languages is a training and an authorised Cambridge examination centre. It offers English, German, French and Chinese courses with experienced teachers and gives you the possibility to certify this knowledge. Its training offer includes open groups, schools, professionals and companies in all of its levels. Besides, it offers courses of Spanish as a foreign language: general Spanish, official test preparation, University entrance exams, business Spanish, short programmes and study trips.</td>
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<table>
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<tr>
<th>ESIC Editorial</th>
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<tr>
<td>It represents ESIC’s projection in the world of publishing, where it contributes with research and popular articles in the fields of economy, business, marketing and management skills. We aim to offer books, manuals and publications for students and professionals, from several renowned authors who take a deep look into all the areas related to companies and businesses.</td>
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</tbody>
</table>
1. ESIC BUSINESS & MARKETING SCHOOL

- Campus, Entrances and Maps

**MADRID**
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1. ESIC BUSINESS & MARKETING SCHOOL

**SEVILLA**
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E-mail: info.malaga@esic.edu

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E-mail: info.zaragoza@esic.edu

**PAMPLONA**
Avda. de Anaitasuna, 31 31192 Mutilva (Navarra)
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E-mail: info.pamplona@esic.edu
1. ESIC BUSINESS & MARKETING SCHOOL

**BILBAO**
C/ Alameda Recalde, 50
48008 Bilbao (Vizcaya)
Tlf.: +34 94 470 24 86

**GRANADA**
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**CURITIBA**
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81630-090, Brasil
Tlf.: +55 41 33094 7777
1. ESIC BUSINESS & MARKETING SCHOOL

- **Departments and Services**
  
  **Secretarial Services:**
  In this department, you will be informed about all the academic procedures and about your daily life as a student:
  - Registration.
  - Request of validation / credit recognition.
  - Scholarships and study assistance.
  - Where to find teaching guides and the content of the subjects.
  - How to request a continuation of studies insurance.
  - How to request the student ID card (which is essential in order to take the exams).
  - Request of academic certificates, examination and registration periods, etc.
  - How to contact teachers and teacher’s offices.
  - How to request study classrooms, audiovisual tools, etc.

- **International Department:**
  As we are aware of the importance of international relations, ESIC has a specialized department just for that purpose.

  Its cooperation agreements are addressed to entities that contribute to the education in our country not only with recognition, validation or students exchange, but that also facilitate the research and development of programmes in order to face the challenges of an economic market without borders.

  In ESIC, our students can enjoy many different possibilities: participation in international programmes (Erasmus, Erasmus +, Munde-ESIC, Horizon, Sicue) **validation** of studies, **research programmes**, **summer courses**, **internships**, **annual exchanges** with double degree, opportunities to improve another language...
All of our Universitary and Masters programmes have an international business approach and include practical exercises and areas to improve the use of business English. Every year, ESIC organises stays in other countries, such as Brazil, China or England. This allows our students to see how some of the most powerful markets in the world work.

Contact the international office you wish:

**MADRID**

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1. ESIC BUSINESS & MARKETING SCHOOL

**Department of Internships**

Internships are compulsory in the fourth year for all ESIC students, although they can also opt to them in their third year. This department manages and help students to find the internship that best fits their skills and preferences. Thus, the Department of Internships is aimed to empower students within companies and to give them the opportunity to apply their theoretical and practical knowledge using the tools and techniques they have acquired throughout their studies.

Currently, ESIC is in touch with over 2,000 private and public companies in order to organise internships for its students, with more and more companies participating in these agreements every year.

ESIC is always looking for the best positioning of our students and holds agreements with some of the most relevant companies in the economic field, among which we will mention: [http://www.esic.edu/empleabilidad/](http://www.esic.edu/empleabilidad/)
1. ESIC BUSINESS & MARKETING SCHOOL

Department of Careers
The department of Careers offers individual advise to our alumni and to our current students, which is aimed to improve all the aspects related to the development of their professional career (job search strategy, CV review, personal brand, etc...)
http://www.esic.edu/empleabilidad/
1. ESIC BUSINESS & MARKETING SCHOOL

Department of Languages

Esic Languages is an authorised training centre for Cambridge tests. It is specialised in foreign languages training (English, French, German, Italian, Chinese, Spanish as a foreign language, ...) with different programmes designed to reach your international communication goals both in the professional and in the academic field, or even in your personal trips, entertainment and cultural activities. Besides, you will be able to prove your knowledge with an official certificate.

The courses are directed towards companies and professionals, as well as to individuals. You will discover all the different aspects of communication in other languages. http://www.esic.edu/idiomas/
1. ESIC BUSINESS & MARKETING SCHOOL

**ESIC Entrepreneurs**
Not only does ESIC give you a way to undertake your own business, but it also offers you the accumulated experience of hundreds of business projects, focused on the Entrepreneurial Center of ESIC, which will help you visualize the future of your company and take decisions.

ESIC entrepreneurs works in parallel with all the school areas, teachers and experts and offers you the opportunity to create your own company with multiple human and technical resources that will support you from the very beginning to start your personal and professional challenge.

Our entrepreneurial centre offers training, assistance and creativity programmes that help you achieve your goals.
http://www.esic.edu/emprendedores/

**Department of former students. ESIC ALUMNI**
ESIC Alumni is the ESIC’s Former Students Association created in 1972 that links all the students who have completed their official degree and post-graduate studies. It is the widest marketing network in Spain. Currently, it includes over 50,000 national and international alumni.
https://www.esic.edu/alumni/

**ESIC Digital Economy Institute**
It includes the widest offer of digital training programmes of the market and an educational model based on in-person, online, combined, e-learning or in-company classes.
http://www.icemd.com
Volunteering
MÁS ESIC is an open group of students and teachers that allows you to grow personally by helping others. This initiative started back in 2013 and aims to show other realities and to actively participate in the creation of a better and more caring world. It includes these activities, among others:

- National and international volunteering
- Orbayu Foundation
- Joy&Smile Project
- Marketing and Values
- Dialogues with culture
- Solidarity field

More info: [http://www.esic.edu/institucion/responsabilidad-social/](http://www.esic.edu/institucion/responsabilidad-social/)
2. STUDYING IN ESIC MADRID

- ESIC: Madrid Campus (Pozuelo de Alarcón)

**Infrastructures and Facilities**

The school offers its students and all the university community a series of infrastructures and facilities, such as libraries, newspaper archives, IT classrooms, sports facilities, etc.

The access to these facilities is compliant with all the universal accessibility requirements. The entrance features gentle slope ramps and our buildings have wheelchair accessible elevators.

According to special needs and the access lists for disabled people, the Centre has adaptable tables for students in wheelchairs, as well as communication mechanisms that allow students with special needs to follow the classes.

The infrastructures service is made up of professionals from different areas whose task is focused on the maintenance, repair and servicing of the equipment and facilities of the centre.

Besides, the school holds agreements with certain providers in order to maintain and repair the equipment of the office automation area.
2. STUDYING IN ESIC MADRID

1. Theory Classrooms:
The School classrooms have a 47 - 57 m² surface and include all the necessary technical equipment (computers, Internet connection, fixed projector attached to the ceiling, projection screen...) in order to teach all the subjects efficiently.

Additionally, the Language Department features three 45 m² classrooms and three 15 m² seminar rooms.

We also have the right measures to guarantee the existence of replacement items in the event of failure (laptops, mobile spotlights, etc., as well as TV screens with video function, in case we need them.

2. IT Classrooms:
ESIC-Pozuelo facilities include 5 IT classrooms with a total of 205 seats. Each one of these classrooms has the necessary audiovisual material for a great teaching process. All the classrooms hold the exact same material and include all the programmes needed to provide students with the right techniques and tools so that they can achieve a correct development of the skills required in the market.
2. STUDYING IN ESIC MADRID

3. Seminar Rooms:
There are three 80 m² rooms and three 40 m² rooms with all the necessary furniture to work in groups, a table for the teacher, multimedia equipment, a projector and Internet connection.

4. Workrooms:
Besides the already mentioned rooms, we have four 15 m² workrooms that include a working table and a great layout to work in groups.

5. Theatre room:
Adressed to students and alumni, with external collaboration if needed. Study of plays and stagecrafts. Several performances every year in ESIC, other cultural centres and contests. Organisation of poetry events.

6. Travel agency:
If you have to prepare a personal or professional trip, purchase tickets, make reservations, etc., there is a travel agency that will help you with anything you need. MARFA TRAVEL offers travel services for companies, events, conventions, incentives and holidays.
7. Library:
The new ESIC’s municipal library was inaugurated in September 2013. It is an independent building close to the School and it offers services both for ESIC students and for external universitary students.

The building services are distributed as follows:

- **Ground Floor**:
  - Control
  - Online Catalog Checking Point (OPAC)
  - Computer room: 24 consultation seats
  - Workrooms for groups: 6 (4 seats each)
  - Study room: 72 reading seats
  - Newspaper archives

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**Pozuelo Campus:**
Email: biblio.mad@esic.edu
Tel.: +34 914 52 41 44

**Valencia Campus:**
Email: jaime.cuevas@esic.edu
Tel.: + 34 963 89 70 98
2. STUDYING IN ESIC MADRID

- **First Floor:**
  - Online Catalog Checking Point (OPAC)
  - Reading room: 16 seats
  - Workrooms for groups: 8 (8 seats each)
  - Study room: 144 reading seats

- **Collection:**
  ESIC’s library features the following:
  - Collection of approximately 13,000 volumes specialised in marketing, advertising, economy, business, commerce, etc.
  - 200 different titles of periodical publications specialized in the above mentioned subjects.

- **Services:**
  - General Study and Reading room. Free access, previous registration as a library user.
  - Workrooms for groups. Access through a previous 24 hour reservation. To do so, it is essential to be registered as a library user.
  - Access and consultation of databases and electronic files endorsed by the library.
  - OPAC Catalog consultation.
  - Personal loan: 3 books for one week.
  - Consultation in the periodical publications and references room.

- **Opening hours:**
  - Monday to Friday, from 09:00 to 21:00 h.
  - Saturday, from 10:00 to 14:00 h.
  - Extraordinary hours during exam periods, from 09:00 to 07:00 h
8. Conference Room:
There is a Conference Hall, equipped with all the audiovisual equipment mentioned for the theory classrooms, with a 190 m² surface and seats for up to 200 people.

9. Reprography Services:
Among the services offered by the School, there is a reprography service with 2 possible options. One of them involves the school staff and the other one operates through machines activated by pre-paid cards.

10. Cafeteria and Catering Services:
The School has a cafeteria and catering service with a capacity of 150 people aimed to serve up to 300 meals per day to our students, teachers and administration and services staff.
2. STUDYING IN ESIC MADRID

11. Sports Club and Outdoors Activities:
We offer a wide variety of sports activities for every student, including several competitions throughout the year. ESIC puts the Sports Club at the students’ service to practice various sports, such as:
- Soccer
- Indoor soccer
- Basketball
- Volleyball
- Rugby

All the students can register in the Club, naming the sports activities they want to participate in.

12. Computer Services/WIFI

- Wifi Connection
ESIC has wifi connection throughout its facilities so that the students can use it anywhere.

- Use of printers:
Classroom B-01 holds a series of equipment that is available for the students. Using the payment device attached to them, you can print documents with any of the colour printers placed in classroom B-01 from the computers of the IT classroom. There are also information signs with detailed instructions.

- Microsoft Office 365 e-mail address:
Every ESIC student will enjoy a free individual account within the @students.esic.edu domain that can be accessed from http://mail.esic.edu

- Apple Store:
ESIC has an agreement with Apple on device purchases, with exclusive offers for its collectives.
13. Multimedia Classroom:
There are three 52 m² independent rooms to offer the School students all the facilities and resources they may need to work on the different areas of multimedia design.

In the Multimedia Classroom you can develop the following activities:

- **Multimedia workshop for advanced projects:**
The Multimedia classroom has a physical space in which you will be able to develop professional video, television, radio and graphic design projects.

- **Seminar and Course Planning:**
The Multimedia Classroom will have a permanent programme with practical courses designed to meet the professional expectations of the current market. These courses and seminars will be given by professionals and teachers of the different design and digital production areas.

14. Sports Areas:
The sports area has a 2,200 m² surface and includes two multipurpose courts where you can practise handball, basketball, indoor soccer, volleyball, etc. There are also toilets and showers within these facilities.

15. Outdoor parking:
It takes up a 9,300 m² surface with a capacity for 300 vehicles.

16. Religious Services:
In ESIC there is religious freedom, although we have a 139 m² chapel that can hold up to 100 people in which we celebrate a daily Mass (from Monday to Friday at 09:15) and which is always open. There is also a Christian discussion group that meets periodically and organises several cultural and entertainment activities.
2. STUDYING IN ESIC MADRID

• Location and How to arrive

ESIC POZUELO
(Headquarters)

Avenida de Valdenigrales s/n, Pozuelo de Alarcón. 28223 Madrid, Spain

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**Buses**

Empresa Municipal de Transporte (EMT).

• Line A (Moncloa-Somosaguas).
• Line I (Moncloa-Somosaguas).
• Line H (Moncloa-Somosaguas).

Empresa Llorente (Exclusive for Pozuelo area)

• Line 561 (Aluche-Pozuelo-Majadahonda).
• Line 562 (Aluche-Pozuelo).
• Line 563 (Aluche-Pozuelo Estación). *
• Line 565 (Pozuelo-Boadilla) *
• Line 566 (Moncloa-Pozuelo). *
• Line 567 (Moncloa-Pozuelo). *
• Line 568 (Moncloa-Pozuelo Estación). *

* Stops at ESIC

10 to 30 minute frequency depending on the line.
Trains
Cercanías Renfe
• C-7a: Alcalá de Henares - Chamartín - Ppe. Pío.
• C-7b: Ppe. Pío - Atocha - Tres Cantos.
• C-10: Villalba - Ppe. Pío - Atocha - Chamartín.
5 to 15 minute frequency depending on the line.

Car
• Access through Carretera de Castilla road, interconnection Pozuelo-Majadahonda.
• Access through Nacional IV road, Pozuelo detour.
• Access through Nacional I road, Pozuelo detour.
• Access through M-30 highway, carretera de Castilla detour.
• Access through M-40 highway, Pozuelo detour.

Light rail
• Line 2 (Aravaca Station - Colonia Jardín).
2. STUDYING IN ESIC MADRID

- Renfe Suburban Tain Map

For more information: http://www.crtm.es/
2. STUDYING IN ESIC MADRID

- Academic Calendar

The academic calendar depends on the area.

Degree and post-graduate studies start in September, although these ones have several calls throughout the year.

Normally, there are three holiday periods:

- **Christmas**: From December 21st - 22nd to January 7th - 8th.
- **Easter**: A week in March or April, depending on the feast celebration.
- **August**: One month during the summer.
3. PRACTICAL INFORMATION

• Procedures to stay in Spain

Spain belongs to the European Union, so the requirements to live in Spain vary.

**Community students:**
If the student comes from a EU member country, he or she will have to follow these procedures in order to stay in Spain:

1. If you are going to stay for less than 3 months, you will only need to own a legal passport or ID document to enter Spanish territory.

2. If you are going to stay for more than 3 months, as a European Union citizen from a member state or from a State that belongs to the European Economic Space Agreement, you must personally apply for your registration in the Central Register of Foreign Citizens in the Aliens Office of the province you are going to live in or in the corresponding Police Station. You will have to go to the Foreign Students Office in Madrid - Provincial Brigade of Alien Affairs.

For more info:

**Students from countries outside the European Union:**
If you are a student from a pre-universitary education system different from the Spanish one, you will need to meet all the requirements to study a University Degree in Spain.

Every person that wants to study in Spain must apply for a student visa, and you can also apply for different types of visa. Non-resident international students, students from countries outside the EU, Norway, Iceland and
Liechtenstein will need to apply for a visa with the same duration as that of the program you are going to study. To do so, you need to go to the Spanish Consular Offices in your country of origin or of residence, according to the following instructions:

1. **For stays below 6 months**, you will ask for a 180 days visa, also known as Visa Schengen. It is important to take into account that the application for a 180 days visa does not allow the visa renewal in Spain, so you will have to ask for a new one in case you want to extend your stay or to complete your studies within the period you have been authorised to stay in the country. To do so, as an international student you need to go to an Embassy or to a Spanish Consulate abroad, either in your country of origin or in another one.

2. **For studies or research works over 6 months**, you will need to apply for a specific student visa for the whole period needed to complete the chosen program. To do so, you need to go to the Consulate of Spain. The Ministry of Foreign Affairs of Spain, in Madrid, will review the application files, so the procedures may take over a month from the moment you submit the required documentation. The visa you will be given by the Embassy or the Consulate will have a 90 days validity, which can be extended up to the total time needed to complete the program once you are in Spain. In that case, the visa holder will have to apply, within the first month after entering the country, for the international student card in the Aliens Office or in the corresponding Police Station.

For more info: [www.exteriores.gob.es](http://www.exteriores.gob.es)
Consulates: [www.madrid.org](http://www.madrid.org)
Police stations: [www.policia.es](http://www.policia.es)
3. PRACTICAL INFORMATION

- Accommodation

Once you arrive to Madrid, you can choose between different types of accommodation:

**Student dorms:**
There are several student dorms you can stay in and live with more students. They are located in different areas of the city.

**Appartments or shared appartments:**
It is also one of the options international students can choose. If you would like to rent an appartment or to share it with more people, Madrid offers multiple options to make your life more comfortable while you get to know people. Rental prices in Madrid vary between € 500 and € 1000, depending on the district and on the housing type (studio, appartment, flat, chalet, etc.), while prices for room rental vary between € 300-500, average.

**Host families:**
There is also the possibility of living with a host family, thus experiencing a more familiar environment.

You will find some links to these types of accommodation below:

- [www.houseinnmadrid.com/](http://www.houseinnmadrid.com/)
- [www.cmanslujan.com/](http://www.cmanslujan.com/)
- [www.thestudenthousingcompany.com/](http://www.thestudenthousingcompany.com/)
- [www.pyr-solutions.es/](http://www.pyr-solutions.es/)
- [www.micasainn.com/](http://www.micasainn.com/)
- [www.accommadrid.com/](http://www.accommadrid.com/)
- [www.easypiso.com](http://www.easypiso.com)
- [www.idealista.com](http://www.idealista.com)
- [www.aluni.net](http://www.aluni.net)
- [www.fotocasa.es](http://www.fotocasa.es)
- [www.pisocompartido.com](http://www.pisocompartido.com)
- [www.estate.tlsgroup.eu/](http://www.estate.tlsgroup.eu/)
- [www.citylifemadrid.com](http://www.citylifemadrid.com)
- [www.dflathousing.com/](http://www.dflathousing.com/)
3. PRACTICAL INFORMATION

- **International Student ID Card**

  **ISIC | International Student ID Card**
  It is the ID card that identifies you as a student anywhere in the world. This document is recognised by UNESCO and the European Community. If you are a student, the ISIC will help you enjoy special benefits and services throughout the world.

  It is a service from the International Student Identity Card Association, a non-profit association linked to the International Student Travel Confederation (ISTC). All students can apply for it as long as they prove their condition by presenting a course enrolment certificate.

  To get the international ISIC card, please visit:
  http://www.isic.es/isic-spain/puntos-de-venta/

- **Healthcare Assistance**

  **European Health Insurance Card**
  Students coming from European Union member states, from the European Economic Area (Norway, Iceland and Liechtenstein) and Switzerland have access to the European Health Insurance Card, and they must bring it from their country.

  In case they don’t belong to the above mentioned groups, students must be insured when they come to Spain.

  **School Insurance**
  All the students below 28 who are enrolled in our careers will enjoy the coverage of a school insurance. ESIC has entered into an insurance contract for its students, which guarantees a 24-hour accident cover (including Saturdays and Sundays) throughout the academic year.
  Also, from 2010-2011 all the students taking a degree will have a free optional Continuation of Studies Insurance.
3. PRACTICAL INFORMATION

We recommend all our students to get a private healthcare insurance so they can obtain full additional coverage. Some reference companies are Adeslas, Sanitas, Mapfre, Asisa...

- **Banking and Mail**

While you live in Spain, it will be very useful for you to have a bank account so you can safely control your expenses and incomes (apartment rental, a scholarship application, reception of money from your country...) and to be able to withdraw money from an ATM at anytime.

If you are a resident, you will only have to present your NIE (Foreigner Identity Number) before the corresponding bank or financial institution.

If you are a non-resident, **you must get the certificate of non resident first**. To do so, you should go to the Consulate or to the Police Directorate-General and, with your passport, apply for the certificate of non resident (this may take up to 10-12 days).

Once you have it, you can go to the bank and open an account.

- **Mobile Carriers, Phone Cards and Internet**

Once you arrive to Spain, it is advisable to get a mobile phone with a Spanish number in order to facilitate any procedure.

In Spain, there are several mobile carriers to contract any services you may need.
3. **PRACTICAL INFORMATION**

**Pre-paid Card:** You can get a pre-paid card through a telephony portal website or at a mobile carrier store, malls, kiosks, etc.

**Contract:** You will need to activate the service by signing an annual contract for which you will have to provide your account number.

- **Internet**

If you need to contract a home Internet service, you can choose between several companies. The most common ones are Movistar, Vodafone, Jazztel and Orange.

- [www.movistar.es](http://www.movistar.es)
- [www.vodafone.es](http://www.vodafone.es)
- [www.jazztel.com](http://www.jazztel.com)
- [www.orange.es](http://www.orange.es)

You can also get offer packs of Telephone + Internet with affordable flat rates, although they are generally subject to a contract with a commitment of permanence of at least 1 year.
3. PRACTICAL INFORMATION

- Transport

Metro

<table>
<thead>
<tr>
<th>Bilete sencillo</th>
<th>Euros</th>
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<tbody>
<tr>
<td>Bilete Metro (Metro Zona A y ML1) (*)</td>
<td>1,50 €</td>
</tr>
<tr>
<td>Bilete MetroEste, MetroNorte y MetroSur</td>
<td>1,50 €</td>
</tr>
<tr>
<td>Bilete TFM</td>
<td>2,00 €</td>
</tr>
<tr>
<td>Bilete Combinado Metro (**)</td>
<td>3,00 €</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Bilete 10 viajes</th>
<th>Euros</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bilete Metro Zona A, EMT y ML1 (Metrobús)</td>
<td>12,20 €</td>
</tr>
<tr>
<td>Bilete MetroEste, MetroNorte y MetroSur</td>
<td>11,20 €</td>
</tr>
<tr>
<td>Bilete TFM</td>
<td>12,20 €</td>
</tr>
<tr>
<td>Bilete Combinado Metro (**)</td>
<td>18,30 €</td>
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<thead>
<tr>
<th>Bilete con origen - destino Aeropuerto</th>
<th>Euros</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bilete Sencillo + Suplemento (*)</td>
<td>4,50 €</td>
</tr>
<tr>
<td>Bilete Sencillo Combinado + Suplemento</td>
<td>5,00 €</td>
</tr>
<tr>
<td>Bilete Suplemento Aeropuerto</td>
<td>6,00 €</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>30 días / Una sola zona</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Zona/Abono</td>
<td>A</td>
</tr>
<tr>
<td>Normal</td>
<td>54,60 €</td>
</tr>
<tr>
<td>Joven</td>
<td></td>
</tr>
<tr>
<td>Tercera Edad</td>
<td></td>
</tr>
<tr>
<td>Beneficiarios PAE</td>
<td></td>
</tr>
</tbody>
</table>

| 30 días / Interzonales                      |       |
| Zona/Abono                                  |       |
| B1-B2                                       | 47,90 €|
| B2-B3                                       | 54,60 €|
| B3-C1                                       | 63,70 €|
| C1-C2                                       | 72,00 €|
| C2-E1                                       | 82,00 €|
| B1-E1                                       | 89,50 €|
| B1-E2                                       |       |
3. PRACTICAL INFORMATION

Metro

METRO AND LIGHT RAIL NETWORK
## Suburban train

<table>
<thead>
<tr>
<th>Zonas</th>
<th>Billete sencillo</th>
<th>Bonotren 10 viajes</th>
<th>Abono Mensual Cercanías</th>
<th>Abono Trimestral Universitario</th>
</tr>
</thead>
<tbody>
<tr>
<td>Una/dos zonas</td>
<td>1,70€</td>
<td>10,00€</td>
<td>28,90€</td>
<td>87,75€</td>
</tr>
<tr>
<td>Tres zonas</td>
<td>1,85€</td>
<td>13,70€</td>
<td>36,70€</td>
<td>110,90€</td>
</tr>
<tr>
<td>Cuatro zonas</td>
<td>2,60€</td>
<td>18,55€</td>
<td>59,15€</td>
<td>179,00€</td>
</tr>
<tr>
<td>Cinco zonas</td>
<td>3,40€</td>
<td>24,30€</td>
<td>68,70€</td>
<td>208,35€</td>
</tr>
<tr>
<td>Seis zonas</td>
<td>4,05€</td>
<td>28,55€</td>
<td>80,95€</td>
<td>258,75€</td>
</tr>
<tr>
<td>Siete zonas</td>
<td>5,50€</td>
<td>38,45€</td>
<td>92,90€</td>
<td>328,45€</td>
</tr>
<tr>
<td>Zona verde</td>
<td>8,70€</td>
<td>-</td>
<td>(*)</td>
<td>-</td>
</tr>
</tbody>
</table>

**ZONA VERDE:**
Precio único desde cualquier zona de la red de Cercanías con la C-9, de 8,70 € por trayecto en el billete sencillo y 17,40 € en el ída y regreso.

(*) En los trayectos entre la línea C-9 Cercedilla-Cotos (Zona Verde) y las demás líneas del Núcleo de Cercanías de Madrid, incluidos los trayectos interiores a la línea C-9, los precios definidos por el sistema general de tarificación por zonas regirán sólo para el Abono Mensual hasta un máximo de siete zonas.
For more information: [http://www.crtm.es/](http://www.crtm.es/)
3. PRACTICAL INFORMATION

### Bus

<table>
<thead>
<tr>
<th>ZONA</th>
<th>Sencillo</th>
<th>10 viajes</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>1,50 €</td>
<td>-</td>
</tr>
<tr>
<td>A-B1</td>
<td>2,00 €</td>
<td>12,20 €</td>
</tr>
<tr>
<td>A-B2</td>
<td>2,60 €</td>
<td>16,10 €</td>
</tr>
<tr>
<td>A-B3</td>
<td>3,60 €</td>
<td>23,00 €</td>
</tr>
<tr>
<td>A-C1</td>
<td>4,20 €</td>
<td>29,70 €</td>
</tr>
<tr>
<td>A-C2</td>
<td>5,10 €</td>
<td>37,40 €</td>
</tr>
<tr>
<td>B1</td>
<td>1,30 €</td>
<td>8,50 €</td>
</tr>
<tr>
<td>B1-B2</td>
<td>2,00 €</td>
<td>12,20 €</td>
</tr>
<tr>
<td>B1-B3</td>
<td>2,60 €</td>
<td>16,10 €</td>
</tr>
<tr>
<td>B1-C1</td>
<td>3,60 €</td>
<td>23,00 €</td>
</tr>
<tr>
<td>B1-C2</td>
<td>4,20 €</td>
<td>29,70 €</td>
</tr>
<tr>
<td>B2</td>
<td>1,30 €</td>
<td>8,50 €</td>
</tr>
<tr>
<td>B2-B3</td>
<td>2,00 €</td>
<td>12,20 €</td>
</tr>
<tr>
<td>B2-C1</td>
<td>2,60 €</td>
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</tr>
<tr>
<td>B2-C2</td>
<td>3,60 €</td>
<td>23,00 €</td>
</tr>
<tr>
<td>B3</td>
<td>1,30 €</td>
<td>8,50 €</td>
</tr>
<tr>
<td>B3-C1</td>
<td>2,00 €</td>
<td>12,20 €</td>
</tr>
<tr>
<td>B3-C2</td>
<td>2,60 €</td>
<td>16,10 €</td>
</tr>
<tr>
<td>C1</td>
<td>1,30 €</td>
<td>8,50 €</td>
</tr>
<tr>
<td>C1-C2</td>
<td>2,00 €</td>
<td>12,20 €</td>
</tr>
<tr>
<td>C2</td>
<td>1,30 €</td>
<td>8,50 €</td>
</tr>
</tbody>
</table>
3. PRACTICAL INFORMATION

Buses
To have an overall idea of the general cost of living in Spain, we have selected the prices of some daily articles that can be bought in Madrid:

**Culture and Entertainment:**
- Museum tickets: € 6 approx.
- Show tickets: from € 15
- Sport events: from € 30
- Cinema tickets: € 7-9

----------------------------------------------
- Caña (a glass of beer): € 1.20
- Menu: € 10-16
- Soft drink: € 1.50-2
- Coffee: € 1.20
- Pint of beer: € 4.5

**Internet:**
24 hour flat rate ADSL connection: € 25-40

**Housing:**
- Appartment rental: from € 500 to € 1.000 per month
- Room rental in a shared appartment: from € 300 to € 500 per month
- Student dorm: from € 600 per month

**Other:**
- Newspaper: € 1.2
- Diesel fuel A (1 litre): €1.10
- Unleaded gasoline 95 (1 litre): € 1.25
3. PRACTICAL INFORMATION

- **Addresses and Telephone Numbers of Interest**

General information: 012  
Emergencies of the Community of Madrid: 112  
National police: 091  
Municipal police: 092  
Fire department: 080  
EMT buses: (+34) 91 406 88 10  
Madrid Metro: (+34) 91 779 63 99  
Spanish military police: 900 101 062 *  
Health emergency: 062  
Red Cross: +34 91 5222222  
Traffic department: 011  
Tourist office: 902 100 007 (*)  
Lost properties: (+34) 91 527 95 90  
Adolfo Suárez Barajas Airport: (+34) 91 321 10 00  
RENFÉ: 902 240 505 *  
Estación Sur de Autobuses (Bus Station): (+34) 91 406 88 10  
Radio taxi: (+34) 91 371 21 31  
Directory of Consulates and Embassies: [http://visados.org/embassy-list](http://visados.org/embassy-list)  
(+34) 91 379 96 00  

*Telephone numbers starting in 800 or 900, such as 901 and 902 only work if you are calling from Spain.
4. GET TO KNOW MADRID

- The city of Madrid

Madrid is the capital of Spain and has a 4 million population, which amounts to 7 million if we take the metropolitan area into account. ESIC Madrid is located in the suburbs, in Pozuelo de Alarcón, only 15 minutes away from the centre of Madrid (Moncloa), both by car or by public transport.

Madrid is located in the geographical centre of the country, and it is also an economic, financial and service centre. It is a cosmopolitan, lively and modern city with a little over 4 million population that enjoys the great historic legacy that make its culture and entertainment activities really appealing.

The cultural offer is permanent and comprises all types of activities and events. The city is at the European forefront of music, theatre, dance, cinema, painting, sculpture, etc. An unstoppable offer developed in:

- Over 30 theater rooms
- 100 cinemas
- 50 music and concert halls
- Numerous galleries and exhibits, etc.
4. GET TO KNOW MADRID

Weather:
Madrid has a Mediterranean weather and the urban conditions have a big impact on it. The average temperature is 12 ºC.

Winters are cold, with temperatures below 4-5 ºC, frequent ground frosts and occasional snowfalls. Summers are hot, with average temperatures of around 24 ºC in July and August and maximum temperatures of over 35ºC.

There is an annual rainfall of over 400 mm that is minimum in summer.

Culture and Entertainment:
Madrid provides a wide culture and entertainment offer for all ages, and specially for young people. Going out in Madrid is never monotonous thanks to its numerous alternatives present everywhere in the city. You can go to the cinema or to the theater, go out for dinner, go to concerts and, of course, go clubbing. There are endless possibilities, so there is always something to do in Madrid. For many people, nights in Madrid cannot be compared with any other city in the world.

Its gastronomy is exquisite. You will be able to enjoy the typical Spanish tapas in iconic districts, such as La Latina or El Barrio de las Letras.
4. GET TO KNOW MADRID

You will be able to discover all types of performances in its numerous theaters, from classic plays to musicals, monologues, drama, comedy, etc. Everybody can be entertained here.

Visit the leisure parks and have fun individually or in group: Faunia, Planetario, Zoo Aquarium, Warner Bross Park, Parque de Atracciones…

If you are a sports fan, we have good news for you. In Madrid you will be able to enjoy a wide variety of sport events of all types.
More info: http://www.esmadrid.com/

Besides, in ESIC we have come to agreements with different companies that organize activities for foreign students, offering them many options at special prices.
Visit: http://www.citylifemadrid.com/

Traditions and schedules

About schedules. We normally go to bed around 23.00 - 24.00 h. or later, even though we may have to wake up at 7.00 or 8.00 h. in the morning. The ”siesta” is a widely known Spanish tradition that consists in taking a nap after having lunch, although it has become less and less common nowadays. Stores close normally from 14.00 h to 17.00 h, but malls open uninterruptedly from 10.00 to 21.00 h. every day of the week.

Breakfast: normally, Spanish breakfast is very light compared to other European countries. The most popular breakfast consists of a coffee or a glass of milk with cocoa powder and some pastries, churros or a toast.

Lunch: it is the main meal of the day. The time to have lunch may vary from 14.00 to 15.30 h.

Dinner: the time of have dinner may vary from 21.00 to 23.00 h.
4. GET TO KNOW MADRID

City Map
Here you can find some links to find useful maps of the city of Madrid.

Some links to download and see maps of the city:
http://www.esmadrid.com/mapa-turistico-de-madrid
http://madrid.callejero.net/
Activities of tourist interest

Here is our top 10 activities and visits you cannot afford to miss in Madrid:

1. Museums
There are countless museums in Madrid, but there is a particular zone where you will find one of the biggest concentration of museums in the world. You can visit the El Prado, the Thyssen-Bornemisza and the Reina Sofía museums in a slightly over one kilometer way. You can visit all these museums together by purchasing the Paseo del Arte Card. Besides, there are many other institutions and buildings worth visiting.

2. The Royal Palace
The majestic royal residence of the Spanish monarchy is currently a place that every History lover must visit.
3. Santiago Bernabéu Stadium
Locker rooms, the trophy room... the Bernabéu tour allows you to discover every corner of this legendary stadium.

4. Plaza Mayor
This arcaded square is located in the old city and represents the heart of the historic Madrid de los Austrias (Madrid of the Habsburgs).

5. Parque del Retiro
No visit is complete without a stroll in the Retiro park, the green lung of the city.
6. Puerta del Sol
It is the emblematic centre of Madrid, where the main streets of the city come together.

7. Cibeles Fountain
The Cibeles square is one of the great city icons and represents the beginning of the touristic Paseo del Arte (Art Promenade).

8. Las Ventas Monumental Bullring
The most famous bullring in the world is a beautiful neo-mudéjar building where every bullfighter wishes to succeed.
9. El Rastro
The most emblematic flea market in Spain has a medieval origin and is one of the most ancient markets in Madrid. There you will find clothing, antiques, food, etc.

10. Puerta de Alcalá
The Puerta de Alcalá, built for Charles III in the XVIII century is one of the most iconic monuments in the city.